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## **FREEDOM CHIROPRACTIC & REHAB RELOCATES TO LIBERTY EXCHANGE IN ELDERSBURG AREA OF CARROLL COUNTY, MARYLAND**

*Family practice drawn to “professional medical environment” according to co-owner Dr. Chip Bleam*

**BALTIMORE, MD** (March 18, 2019) – Freedom Chiropractic & Rehab, a family practice owned by the husband-wife team of Drs. Carol and Chip Bleam, has relocated to Liberty Exchange, situated at 5957-5975 in the Eldersburg area of Carroll County. The couple, which founded the practice in 2015 and currently employs four people, signed a lease with St. John Properties, Inc. for nearly 3,000 square feet of space. Will McCullough, Leasing Representative for St. John Properties, represented the landlord in this transaction.

“It was extremely important to find a new office within close proximity to our former location to minimize disruption to our patients and employees. In Liberty Exchange we are surrounded by many other medical uses which is a significant plus,” explained Dr. Chip Bleam. “Patients can easily find us, since the business community enjoys excellent roadside visibility from Liberty Road and is near a major intersection. During our real estate search, we were aware of the excellent reputation of St. John Properties and how diligently they work to maintain a professional environment at every building. This was an important consideration in our final choice.”

Freedom Chiropractic & Rehab employs a patient-centric approach to its services that is designed as an alternative to other area chiropractic practices. This starts with a discovery process that maps out the injury history of the patient to determine the root cause of the existing pain. Orthopaedic and neurological testing comes next, followed by a Selective Functional Movement Assessment to further identify the problem areas that need correction. Each appointment lasts approximately 30 minutes which includes the demonstration of exercises the patient needs to follow outside of the office. The goal is to make each person independent in their road to recovery, rather than dependent on the doctor.

Upon completion, Liberty Exchange will be a campus comprised of nine buildings offering approximately 225,000 square feet of office and flex/R&D, plus retail space that will service tenants and employees of the business community as well as area residents. Existing restaurants at Liberty Exchange include Basta Pasta, a full-service Italian and seafood restaurant, and Subway. Three pad sites, with roadside visibility from Liberty Road are currently available.

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“Liberty Exchange has attracted a number of medical uses and each is performing exceptionally well,” stated Richard Williamson, Senior Vice President, Retail Leasing at St. John Properties. “Significant draws include a ground floor location that makes the office accessible for patients, in addition to an expansive and free parking field. Nearly 25,000 residents live within a three-mile radius from the business community, which represents excellent opportunities for all these healthcare providers.”

St. John Properties, Inc., founded in 1971, owns and has developed more than 19 million square feet of Flex/R&D, Office, Retail and Warehouse space in Maryland, Colorado, Louisiana, Nevada, Pennsylvania, Virginia, Utah and Wisconsin. The company was named “2018 Developer of the Year” for the Nation by NAIOP, the Commercial Real Estate Development Association. For more information about the company, visit [www.sjpi.com](http://www.sjpi.com).